



East Bay
FOOD PANTRY
& THRIFT SHOP



2024

ANNUAL REPORT

Dear Friends,

For over fifteen years, the East Bay Food Pantry and Thrift Shop has proudly served our community, providing fresh, nutritious food and helping to bridge the gap between resources and needs for thousands of East Bay residents.

In 2024, we saw meaningful change and remarkable growth. Once again, we broke records – distributing more food than ever before. With reduced inventory from the Rhode Island Community Food Bank, we've had to expand our sourcing efforts. Our pantry program expenses rose by more than 20% over the previous year.

Thanks to the generosity of our supporters, grantors, and donors, we met these challenges head-on and closed the year on strong financial footing.

As we look to the future, we remain mindful of the rising need in our community and

**we are equally inspired,
again and again, by
the compassion and
commitment of our
neighbors near and far.**

Whether you are a donor, guest, shopper, volunteer, staff or board member, social media supporter, or one of the many others who stand with us: you are part of our mission to provide hunger relief services in the East Bay community.

Thank you for all you did in 2024. We look forward to continuing this important work—together.

With gratitude,

Emily Mushen

Executive Director

East Bay Food Pantry & Thrift Shop

How Our Food Programs Work

● Food Pantry

● *Provides a week's worth of groceries*

- Guests can visit our Guest-Choice pantry twice a month to shop for fresh produce, dairy items, proteins, and shelf-stable items. We also offer
- online ordering and pre-bagged food for those who prefer rapid, low-contact shopping options and added convenience.

● Food4Kids

● *Supplements meals missed when childcare/school is closed*

- We offer weekly guest-choice shopping to ensure kids are getting the nutritious foods they need.

● Mobile Pantry

● *Grocery delivery to disabled, sick, or those who lack transportation*

- This program continues to make food accessible to guests in vulnerable and challenging situations.

● Mobile Cart

● *Provides food & personal care items wheeled upstairs to assisted living residents*

- We continue to provide a variety of items to Franklin Court Assisted Living residents, with the added benefit of informal socializing.

● Food4Seniors Boxes

● *Federal program that provides extra food to qualified seniors*

● Fresh Food Friday

● *Weekly fresh produce & bread*

- Fresh fruits and vegetables accounted for more than a quarter of the food we provided in 2024.
- Local farms provided cucumbers, herbs, greens, pears and more throughout the harvest months.

● Holiday Food Program

● *Provides holiday meal fixings and other special products in November & December*

IN 2024
OUR FOOD
PROGRAMS
DISTRIBUTED

MORE
THAN
260 TONS
OF FOOD!



We are a RICFB Member Agency and have been Best Practices Certified since 2014. We have received RICFB's "Best of the Best" award four times in recent years.



Financial Review • 2024

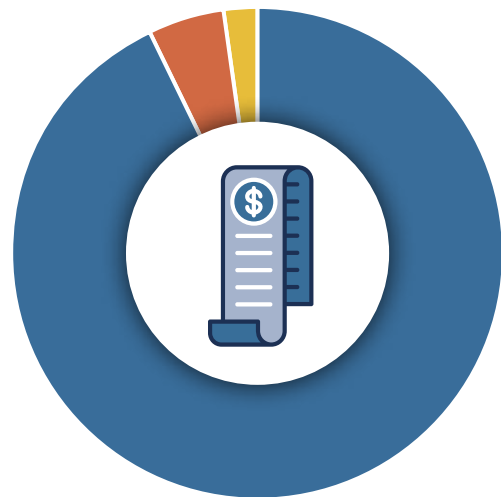
Support & Revenue



Sources of Funds	Amount	%
In-Kind Contributions	\$491,982	34%
Thrift Shop Sales	\$309,574	22%
Contributions	\$301,271	21%
Grants	\$247,489	17%
Events	\$27,679	2%
Other Income	\$61,436	4%

Total Support & Revenue \$1,439,431

Expenses



Types of Expenses	Amount	%
Total Program Services	\$1,189,278	92%
Management & General	\$76,503	6%
Fundraising	\$31,573	2%

Total Expenses \$1,297,354



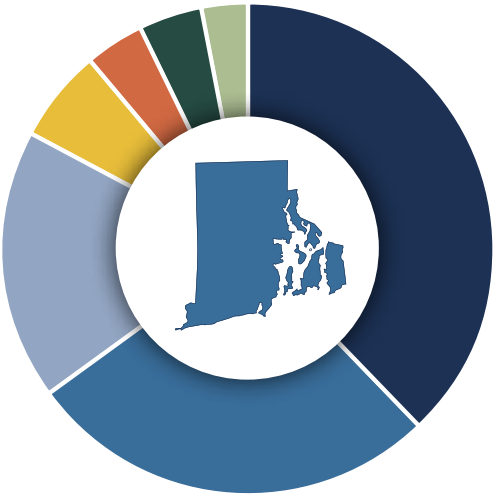
Serving Our Community • 2024

People Served by Age



Age Group	# of Guests
0-12 YEARS	409
13-18 YEARS	216
19-24 YEARS	148
25-55 YEARS	773
56+ YEARS	868
Total Served	2,414

Where Our Clients Reside



Location	% of Guests
Bristol	38%
East Providence	27%
Warren	18%
Aquidneck Island	6%
Tiverton	4%
Barrington	4%
Other	3%

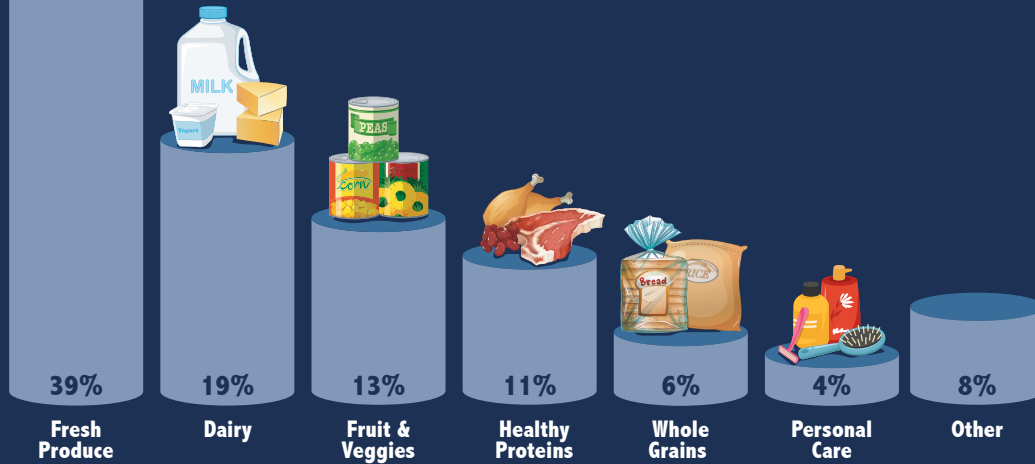


How We Spent Our Pantry Purchasing Dollars



“The fresh produce
is a game-changer
for my family”

– Father of 2



2024 Food Sources



11% DONATED

51% RICFB

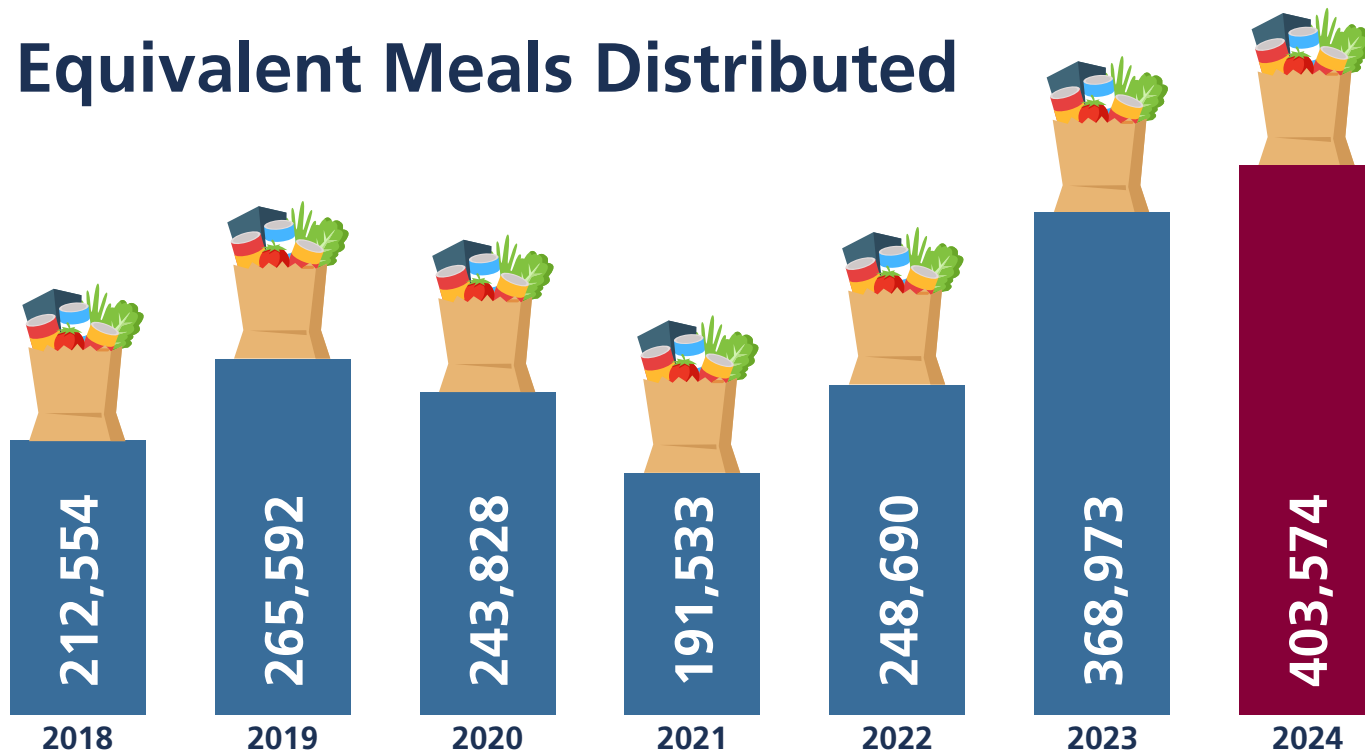
38% PURCHASED

2024 PROGRAMS

PROGRAM	HOUSEHOLD VISITS	INDIVIDUALS FED	EQUIVALENT MEALS
Food Pantry	6,946	14,969	269,442
Mobile Pantry	533	1,043	18,774
Fresh Food Friday	5,225	12,670	76,020
Food4Kids	1,531	3,428	34,280
Mobile Cart	346	348	1,044
CSFP Boxes	124	129	1,680

Serving Our Community • 2024

Equivalent Meals Distributed



GUEST
EXPERIENCE

Local Patron
East Bay Resident

When Jasmine* picked up a bag of dried beans at the East Bay Food Pantry, she saw more than just a few meals. With a bit of know-how and a practical mindset, she decided to sprout and plant them at home.

“I figured if they’re dried beans, they can probably grow,” she said.

And she was right. With some containers, soil, and a sunny spot on her porch, Jasmine started a small garden. Before long, the plants were thriving, and producing beans she could cook and store.

Jasmine lives with her mother, who has ongoing health challenges, so adding more fresh, nutritious food to their diet has been a welcome boost. Growing her own beans helps stretch their pantry supplies, and gardening has become a satisfying and productive part of her routine.

“It helps cut down on groceries, and I know we’re eating something healthy.”

Her story is a great example of how food support doesn’t just meet immediate needs—it can also spark new habits, skills, and solutions. With a little creativity and care, even a basic pantry item can help build greater self-sufficiency and well-being.

*Name changed to protect guest privacy

2024 Snapshot



14,094
HOUSEHOLD VISITS



2,414
UNIQUE INDIVIDUALS
SERVED



119
VOLUNTEERS

WORKED



11,216
HOURS

520,652
POUNDS OF FOOD
DISTRIBUTED



INCLUDING



139,909
POUNDS OF
FRESH PRODUCE

EXPENSE BREAKDOWN

92%

PROGRAMS

6%

MANAGEMENT & GENERAL

2%

FUNDRAISING