



East Bay
FOOD PANTRY
& THRIFT SHOP
eastbayfoodpantry.org

ANNUAL REPORT

2017

Jan. 1, 2017 - Dec. 31, 2017

RESPECTFULLY SUBMITTED BY NICKI ANN TYSKA

*“To engage, educate & empower
the East Bay in creating
a hunger-free community.”*

Dear friends,

2017 marked our 8th year of serving the community and my first full year as Executive Director of the East Bay Food Pantry. It would be so nice to think that times were changing and that our mission of creating a hunger-free community was complete. But unfortunately, that's not yet the case.

- ***In 2017, the EBFP served 2,350 unduplicated individuals, with individual visits increasing 20% over the previous year. We provided 216,056 meals, a 10% increase over 2016.***

- ***A recent USDA survey found that 1 in 8 Rhode Island households can't afford adequate food.***

Many of our clients never envisioned themselves needing a food pantry. One shared, *"The hardest thing is walking through those doors and asking for help."* But I'm proud to say that we are here to help them with the most compassionate and practical services available.

In 2017 we were named the RI Community Food Bank's **"Best of the Best"** agencies for our amazing Fresh Food Friday Program, where individual visits grew by 44%! This program provides fresh produce *every week* to our clients, helping families to increase their access to healthy foods. We also became a **Network Champion Agency**, which allows us to purchase some of our food at a reduced rate of 5 cents per pound, decreasing the funds expended on food in 2017. As a Network Champion Agency, your donated dollars really go a long way!

With a continued focus on meeting the needs of those we serve, we started our mobile pantry delivery program last June. This program delivers a week's worth of groceries to those that are homebound and/or disabled. We also partnered with the Bristol Senior Center to help provide transportation for seniors to and from the pantry and their homes. These efforts helped increase the number of senior citizens we serve by 5%.

Last year we asked our clients, *"What does East Bay Food Pantry mean to you?"* The responses confirmed to us that our work is important and making a difference. Here are some of the responses we received. *"Due to EBFP no one will go hungry or starve, folks will always have access to food."* -8-year old EBFP client. *"EBFP has made it possible for my family to have healthy meals while I finish school. Thank you so much EBFP for all of the food assistance that you offer."*

Our work would not be possible without grants and individuals who provide money, food donations, or attend our annual fundraiser "Uncorked". Our 172 dedicated volunteers are the backbone of the pantry, compassionately serving those in need while helping keep operating costs low. I am so honored to be part of such an amazing organization. We hope you will join us in another year of challenges and achievements.

With Sincere Appreciation,



Nicki Ann Tyska
Executive Director



338,810 Pounds of Food Distributed (+7%)

2,350

Unique Individuals
Served

5,340

Visits to Fresh Food Friday
(+43%)

+300

New Households
Registered



1,560 meals delivered

Mobile Pantry Program (Started June 2017)

544

CSFP Boxes Distributed
to Elderly

10,850

Household
Visits (+25%)



11,844

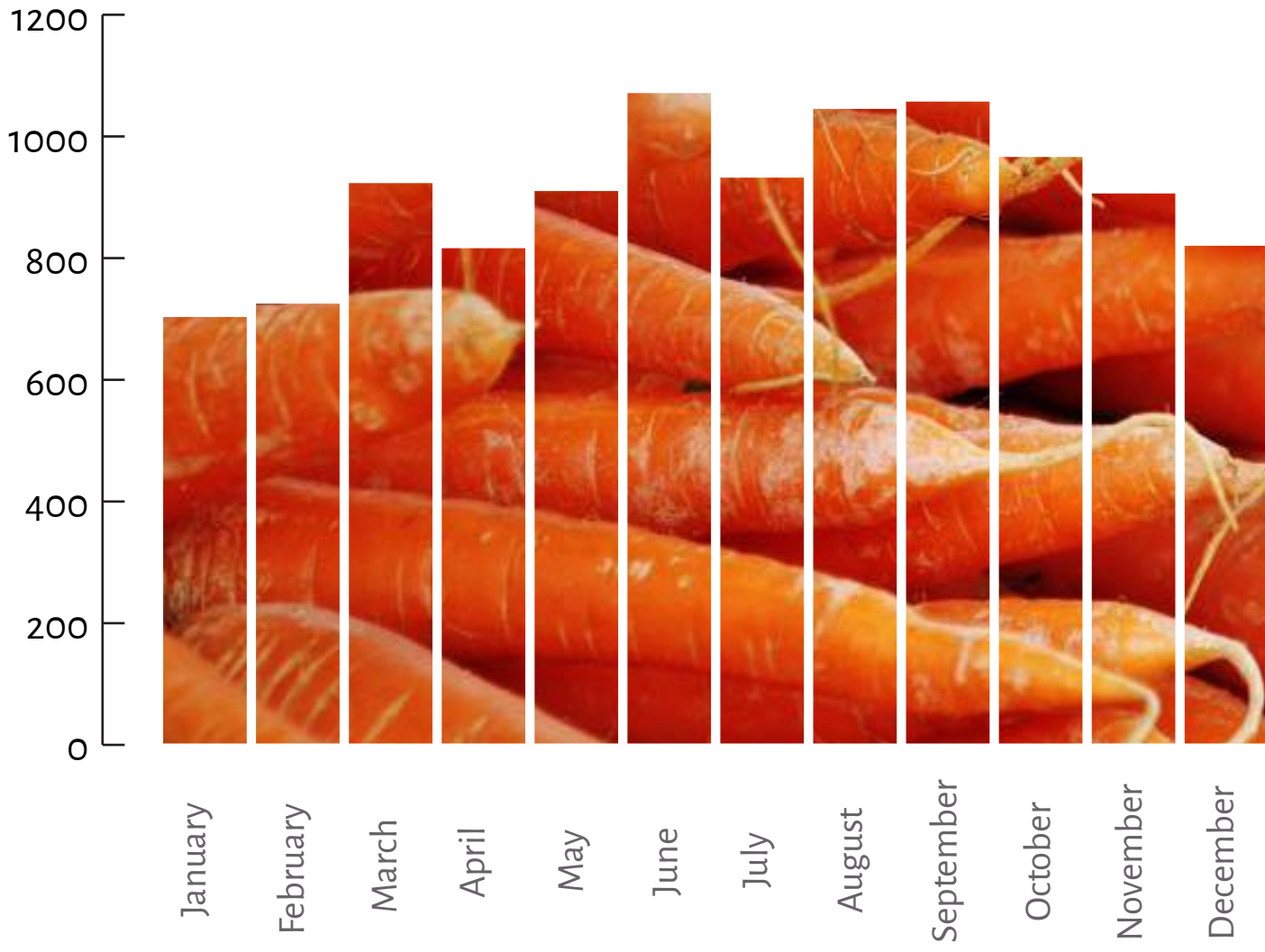
Kids Summer / Vacation
Meals Served (+57%)



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Snapshot 2017

Total Household Visits

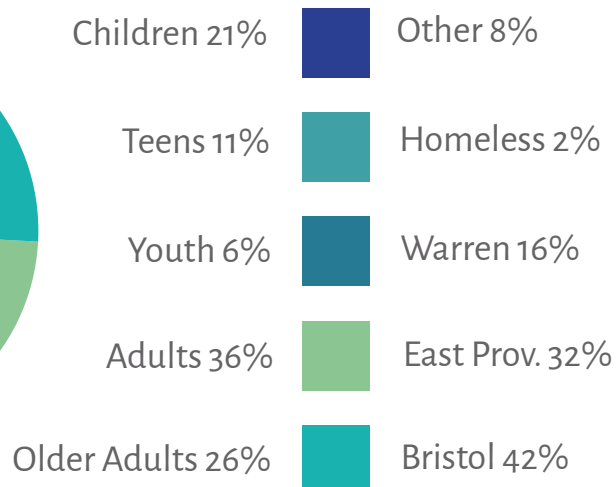
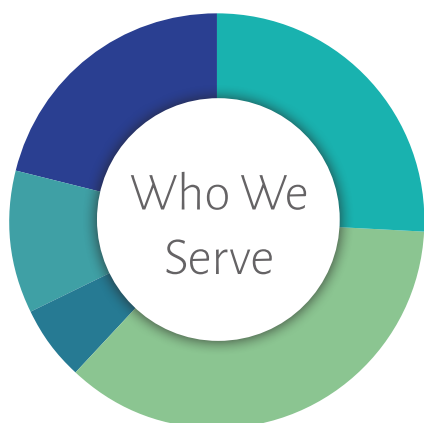


Pounds of Food Distributed



2017 Statistics

	Total Household Visits	Total Individual Visits	Total Equivalent Meals	Total lbs. of Food Distributed	Active Households	New Households	Pantry Visits	FFF Visits	Food 4 Kids Visits	Mobile Pantry
January	701	1437	14,644	20,578	1066	37	317	312	32	-
February	723	1446	14,754	21,473	1068	28	328	339	18	-
March	921	1822	17,218	26,432	1083	31	362	495	24	-
April	814	1592	15,540	23,774	1086	20	327	416	31	-
May	908	1822	17,640	24,392	1092	19	378	446	40	-
June	1069	2082	18,583	32,515	1096	16	340	596	83	7
July	930	1890	17,345	18,921	1109	20	311	472	96	6
August	1043	2118	20,264	29,127	1,007	22	397	490	92	7
September	1055	2027	18,530	38,428	1007	27	361	580	54	8
October	964	1879	17,991	38,428	1101	27	367	489	51	7
November	904	1771	24,411	41,989	1120	39	496	330	22	9
December	818	1575	19,136	28,747	1101	14	347	375	38	10
TOTAL	10,850	21,433	216,056	338,810	1101	300	4331	5340	581	54



Board of Directors 2017

No one on the Board receives compensation.

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Jodi Miller, Thrift Shop Coordinator
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Louise Dion, Customer Service

History

East Bay Food Pantry (EBFP) and its companion Thrift Shop were established in response to a growing need for assistance in the East Bay community that was identified by Bristol's First Congregational Church.

With support for the East Bay Community Development Corporation, state legislators, HUD, and the Town of Bristol, space was secured on the ground level of the Franklin Court Assisted Living Building on Wood Street in Bristol (rent and utility free). Over 200 volunteers, including professionals in the construction trades, spent over 3,000 hours cleaning, painting and preparing the space for the August 2009 opening.

The East Bay Food Pantry began serving the community in August 2009, and received 501c3 status in December 2009. The EBFP is a RI Community Food Bank Member Agency, having met stringent training and compliance requirements. Clients from the East Bay area are served free of charge at the Food Pantry. The Thrift Shop is open to the public from Wednesday to Saturday, with the Thrift Shop proceeds used to support our food programs.



Mission

“To engage, educate & empower the East Bay in creating a hunger-free community.”

Food is available to anyone in need in the East Bay. Our “client choice” food programs are all grounded in our Access Nutrition Initiative, providing healthy food choices and nutrition education to address inequalities of access to healthy foods. We strive to provide a consistent inventory of whole grain foods, fruits and vegetables, and high-quality protein and dairy items.

Programs

Access Nutrition Initiative

We are working to build nutrition consciousness into the culture of EBFP. Our goal is to consistently offer whole grains, a wide variety of fruits and vegetables, and high quality protein and dairy items to our clients who rely on EBFP to supplement their food needs. In addition to nutritious foods, our Access Nutrition Initiative also offers educational opportunities to our clients, volunteers, and staff through workshops, cooking classes, targeted food tastings, and printed materials. We are energized by the real potential for positive impact this initiative can make in the lives of some of the most vulnerable RI families.

Food4Kids

Many low-income children receive free or reduced-price breakfast and lunch through the National School Lunch Program when they are going to school. Often this program provides a major portion of the nutrients that the children receive. However, over weekends and school vacations, children lose access to this important source of food, setting up roadblocks to the learning process. The Food4Kids program is designed to fill the nutrition gap and make sure children can get the nutritious meals they need. Over the summer this program provides families with food to make 5 nutritious breakfasts, lunches, and snacks for their children each week. During the school year, the program provides food to make breakfasts, lunches, and snacks for each weekend, with additional food provided over school vacations. While this program is designed to fill the needs of children participating in the National School Lunch Program, any client child 17 or younger is eligible. In accordance with our Access Nutrition Initiative, the program focuses on nutritious foods such as eggs, low-fat milk, yogurt, whole grains, and fresh fruit.

Food4Kids hours are every Friday, 10am-noon during the summer; or the 2nd and 4th Fridays of each month, 10am-noon during the school year. Clients may shop weekly during the summer and twice monthly during the school year.

Food Pantry

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Fresh Food Fridays

We offer fresh food (produce, bread, etc.) to our clients every Friday. In an effort to encourage our clients to incorporate more fresh foods into their diets, clients may shop every week if they wish. Although this is a year-round program, we make a special effort to partner with local farms and gardeners to provide local, seasonal produce during the growing season. We are committed to getting produce and bread to our clients in its freshest and most nutritious state. **Fresh Food Friday hours are Fridays, 10am-3pm. Clients may shop weekly.**



Holiday Food Bags

In November and December, EBFP provides extra food for the holidays. Each client who shops at the food pantry during these months receives a bag with special holiday foods at the time of their visit. No advance registration is required.

Commodity Supplemental Food Program

Without proper nutrients, seniors are at risk of increased disability, decreased resistance to infections, deteriorating mental health, longer hospital stays, and chronic diseases such as diabetes.

The Commodity Supplemental Food Program (CSFP) is a federal nutrition program for low-income seniors age 60 and over that works to improve their health by supplementing their diets with nutritious USDA foods. We are proud to be a distribution site for this program, which is offered in cooperation with the RI Community Food Bank, the Department of Elderly Affairs, and the US Department of Agriculture.

Registered seniors can receive a supplemental box of nutritious food once a month.

Mobile Pantry

Homebound individuals facing food-insecurity have particular challenges meeting their nutritional needs. Their food choices are limited not only by the cost of healthy, high-quality food, but also by their lack of mobility. Poor nutrition can exacerbate chronic diseases, worsen disabilities, decrease resistance to infection, and cause a deterioration of mental health.

We developed our Mobile Pantry Program to help alleviate this inequality of access to healthy foods. Homebound individuals who need food assistance can receive a monthly delivery of groceries for themselves and any dependents, including fresh produce, milk, eggs, whole grain bread, eggs, meat, and other healthy foods, as well as personal care products. Participants have the opportunity to indicate the foods they want and need each month in advance of their delivery. **Mobile Pantry food is delivered on select Thursday afternoons.**



Donors

\$1-\$500

Bakst Household
Robinson Household
Deslauriers Household
Elam Household
Hamel Household
Masse Household
Glavin Household
Camara Household
Ott Household
Martin Household
Bryant Household
Albu Household
Ramos Household
Cottrell Household
Carney Household
Flanagan Household
Spinard Household
Smith Household
Hochberg Household
Hopkins Household
DeNucci Household
Riverside Middle School
Travers Household
Conway Household
Dish
Devault Household
Shockley Household
DeSisto Household
Roth Household
Vincent Household
Walsh Household
Cryan Household
Ellis Household
Wilson and Hanley III Household
Donovan Household
Hartzell Household
D'Angelo Household
Richer Household
Dow Household
Hurd and Read Household
Jacobus Household
White Household

DuPont Household
Oberbeck Household
Winsor and Duncan Household
Merriam Household
Bristol County Elks
Santos Household
Stuart Household
Gruenwald Household
Cromwell Household
Tyler Household
Field Household
Campbell Household
Moniz Household
Myers and Lebovitz Household
Wanebo Household
Castro Household
Alegria Household
Huse Household
O'Brien Household
Rondeau Household
Pelletier Household
DelToro and DelToro Jr Household
Bosworth Household
Piper Household
Johnson Household
Pimental Household
Watson Household
Reynolds Household
Ivor-Campbell Household
French Household
Fitness Fusion, LLC
Cabral Household
Braden Household
Pratte Household
Cabral Household
Wilson Household
O'Neill Household
Harcourt and Halt Household
Nunes Household
Caromile Household
Guida Household
Gray Household

Pinskey Household
Palumbo Household
Marsella Household
Turner Household
Marr Household
Menezes Household
Donohue Household
Hamel Household
Dineen Household
Oakley Household
Wilker Household
Pizzuti and Dugan Household
Benevides Household
Benson Household
Pink Household
Gilbert's Auto Service, Inc
Reiss Household
Faulkner Household
Grant Household
Patterson Household
Ferreira Household
Jacobs Household
Day Household
Massey Household
Mehta Household
Piccoli Household
Rosner Household
Gediman Household
Hendrix Household
Topazio Household
Miller Household
Mouligne Household
Oliver Insurance Agency
Others, Inc
Gormley Household
Martin Household
Camara Household
Copeland Household
Desmarais Household
Cory Household
Wayland Household
Thivierge Household
Mercurio Household

Molloy Household
Chaves Household
Ose Household
Heffernan Household
Courtney Household
Fisher Household
Roussel Household
VonHelmstatten Household
Heckert and Collins Household
Lenahan and Geuss Household
McLaughlin Household
Matrone Household
Andrade Household
Greene Household
Lennon Household
Wilbur Household
Woods Household
Quaranta Household
Morales Household
Elliott Household
Elliott Household
Knapman Household
Ambrosino Household
Kellner Household
Cotta Household
Hurst Household
Green Household
Jabbour Household
Castelnovo-McMullen and McMullen Household
Hess Household
Russell Household
Mayo Household
Tyska Household
Bristol Workshops in Photography Ltd
Guida-Salisbury & Salisbury Household
Costa Household
Krzywicki Household
Nadalin Household
Doyon Household

Watros and Larson Household
Fiore Household
Butler Household
Girardi Household
Arruda Household
Dyer Household
Verria Household
Archibald Household
Mello Household
Areson Household
King Household
Lowis Household
Byrnes Household
Grandgeorge Household
Fainberg Household
Ferris, Murphy and Ferris Household
Abrams Household
Fitzgerald Household
Riding Household
Castro Household
Griffith-Dieterich and Dieterich Household
Swanson Household
MacKeith and Williams Household
Tyson and King Household
Barry Household
Krick Household
Morse Household
Silva Household
Barrett Household
Lynch Household
Faria Household
Granoff Household
Tyska Household
Voss and Ayerle Household
Murrman Household
Biltcliffe Household
Burmeister Household
Town of Bristol
Griffith Household
Wallace Household
Marion Household
Marrin Household
Holt Household

Savoie Household
Murdock Household
Sparrow Household
Portelli and Laurence Household
To Household
Elder Household
Spinner Household
Jordan Household
Lee Household
Knapman Household
Kelley Jr and Kelley Household
Chamberlain Household
Chamberland Household
Massa Household
Antinucci Household
Tyska Household
Drummond Household
RE/MAX River's Edge
Arsenault Household
Augustus Household
TA Gardiner Plumbing & Heating
John Andrade Insurance Agency, Inc
Griffith Household
Temple Household
Miller Household
Taylor and Darcy Household
Farish Household
Medeiros Household
Moran Household
Blair Household
The Beehive Cafe
Matrone Household
Dauterive Household
Schwartz Household
Union Church of Prudence Island Ladies Club
Hiatt Household
Fletcher Household
Fitting Household
Deehan Household
Dziedzic Household
Wilkes Household

Maris Household
Ovalles Household
Walsh Household
Bannon Household

\$501-\$1000

Ramos and cooper Household
First Baptist Church of Bristol
Wright Household
Schimelfenig Household
Rossi and Carleton Household
Prescott Household
Battey and Aldrich Household
Cleary Household
Sousa Household
Milot Household
Andreozzi Household
S S Dion Restaurant
Payette and Gomes Household
Alayne White Spa
O'Hanian-Szostak Family Foundation
StrategicPoint Investment Advisors, LLC
Campbell and Tupper Household
C Brito Construction Co, Inc
Decof, Decof & Barry
Jala Household
Ramsden Household

Over \$1000

Ramsden Household
McCumber Household
Molloy-Calia Household
Dyer Household
Raiola Household
Martin Household
Castro Household
Hassenfeld Household
DeWolf Household
Constantino and Orban Household
Stratton/Ford Household
Andrade Household
Dodd Household
Johnson and Steere Household
Sackett Household
Tri-Mack Plastics Mfg Corp
First Congregational Church
Lenmarine, Inc
Magaziner Household
Brito Household

Constantino and Orban Household

Miriam Household

Correia Household

BankNewport

Rhode Island Foundation

Grants & Foundations

Bristol Rotary \$200

Robert J Avila Foundation \$500

State of Rhode Island House Grant \$500

State RI Senate grant \$500

Blue Cross Blue Shield RI \$1000

O'Hanian-Szostak Family foundation \$1000

Joseph Martin Trust \$1000

Bristol Children's Home Fund \$1000

Hassenfeld Family Foundation \$1500

Hasbro Children's Fund, Inc \$1500

Episcopal Charities Fund \$2000

Bristol RWU FCA Grant \$2000

John Clarke Trust \$2000

Mary Dexter Chafee Fund \$2500

First Congregational Church of Bristol – Deacons \$2500

RI Community Food Bank \$4,500

Horton Fund \$5000

Billy Andrade-Brad Faxon Charities for Children \$5,000

Bank Newport \$5000

Bristol Female Charitable Society \$5000

Carter Family trust foundation \$6000

Bristol HEZ \$8445.00

Bristol Home for Aged Women \$36,000



Financial Review

Total Giving



Sources of Funds

Amount

%

Grants

\$94,318

15%

Contributions

\$84,729

13%

Event Income

\$60,537

10%

Thrift Shop Sales

\$123,195

20%

Other Income

\$469

<1%

In-Kind Contributions

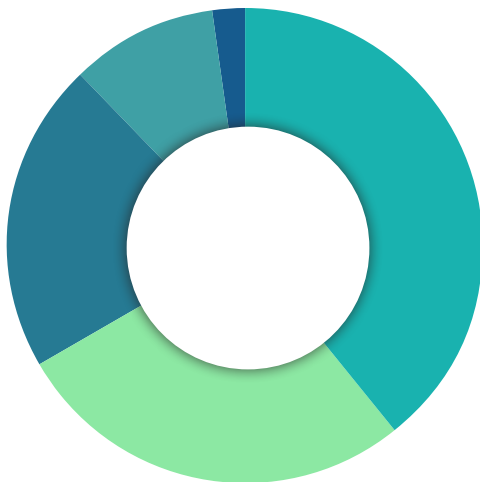
\$265,486

42%

TOTAL SUPPORT & REVENUE

\$628,734

Expenses



Amount

%

Thrift Shop

\$226,631

40%

Food Pantry

\$153,535

27%

Access Nutrition

\$121,683

21%

TOTAL PROGRAM SERVICES

\$501,849

88%

Management & General

\$57,932

10%

Fundraising

\$13,810

2%

TOTAL SUPPORT SERVICES

\$71,742

12%

Change in Total Net Assets

January 1st, 2017 \$441,711

December 31st, 2017 \$496,854

CHANGE IN NET ASSETS \$55,143

“Due to EBFP no one will go hungry or starve, folks will always have access to food.”
- 8yr. old EBFP client