



*East Bay*  
FOOD PANTRY  
& THRIFT SHOP



2022

ANNUAL REPORT

*Dear Friends,*

We take this opportunity to reflect on 2022, and the joys and challenges it brought to our organization and community. As we continued to emerge from pandemic-era restrictions and returned to in-person operations, we were so grateful for the sense of normalcy that came with 2022. However, we also saw food prices and housing costs rising, dramatically in some cases, and we experienced the effects of those increases in the growing number of pantry guest visits, and offered support as we learned their stories.

The pantry served more people in 2022 than the year prior across almost all our food programs. We continued our emphasis on healthy options, grounded in our Access Nutrition program. Guests still have the option to shop twice a month, which is more frequent than many food security organizations our size. Innovations like our online ordering system expanded, as did our Mobile Pantry program delivering food to homebound individuals and families. We got creative in sourcing food, as supply chain challenges continued to plague our economic systems.

Our thrift shop saw tremendous growth in 2022, with revenues over \$240,000! With needs rising in our community, it is so important to have this income stream, which directly funds food pantry operations. Equally important has been the community built around the thrift shop. Staff, volunteers, and shoppers are quick to extol the friendly environment, not to mention the fabulous selection of clothing, housewares, and other items. We also partnered with local schools, organizations, and individuals to provide thrift shop items free of charge to neighbors in need.

Our mission to:

**engage, educate & empower  
the East Bay in creating a  
hunger-free community**

is as important as ever, and we are fully committed to meeting it with the incredible support of our volunteers, donors, staff, and board of directors.

Thank you for all you do to keep our operations running. We are humbled by your faithful support and committed to continuing this great work in the years ahead!

*Emily Mushen* — Executive Director

## 2022 Highlights From Our Food Programs

### ● Food Pantry

#### ● *Provides a week's worth of groceries.*

- Guests can visit our Guest-Choice pantry twice a month to shop for fresh produce, dairy items, proteins, and shelf-stable items. We also offer online ordering and pre-bagged food for those who prefer rapid, low-contact shopping options and added convenience.

### ● Food4Kids

#### ● *Supplements meals provided in school/childcare settings.*

- We offered weekly guest-choice shopping to ensure kids are getting the nutritious foods they need.

### ● Mobile Pantry

#### ● *Grocery delivery to disabled, quarantined, sick, or those who lack transportation.*

- Deliveries continued to increase since the program began five years ago.

### ● Mobile Cart

#### ● *Provides food & personal care items to low-income assisted living residents.*

- We continued in-person visits to Franklin Court Assisted Living and increased the amount and selection provided during each visit.

### ● Food4Seniors Boxes

#### ● *Provides extra food to low-income seniors.*

- We provided 201 boxes of supplemental food.

### ● Fresh Food Friday

#### ● *Weekly fresh produce & bread & extras.*

- Fresh fruits and vegetables made up over a quarter of the food we provided in 2022.
- Our community farm provided fresh herbs, squash, and other produce throughout the harvest months.

### ● Holiday Food Program

#### ● *Provides holiday meal fixings.*

- Provided mashed potatoes, cranberry sauce, pumpkin, and more in November and December.

**IN 2022**  
**OUR FOOD**  
**PROGRAMS**  
**DISTRIBUTED**

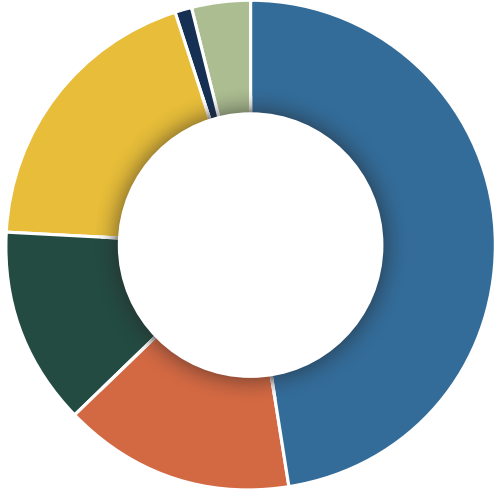
**MORE**  
**THAN**  
**216 TONS**  
**OF FOOD!**



East Bay Food Pantry is a  
RICFB Member Agency and  
has been Best Practices  
Certified since 2014.  
We have received RICFB's  
"Best of the Best" award  
four times in recent years.

# Financial Review • 2022

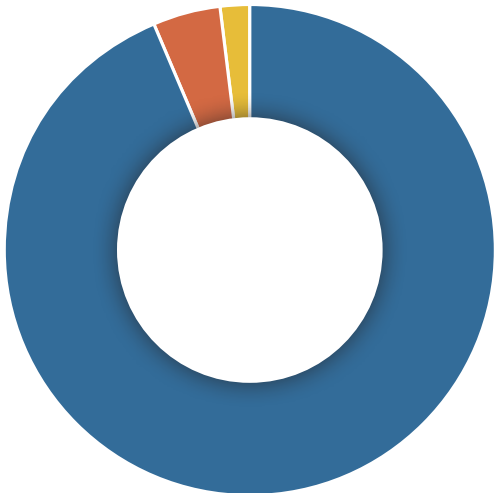
## Support & Revenue



Sources of Funds	Amount	%
In-Kind Contributions	\$814,534	52%
Thrift Shop Sales	\$243,046	16%
Monetary Contributions	\$257,405	16%
Grants	\$239,134	15%
Events	\$400	>1%
Other Income	\$11,067	>1%

**Total Support & Revenue \$1,565,588**

## Expenses



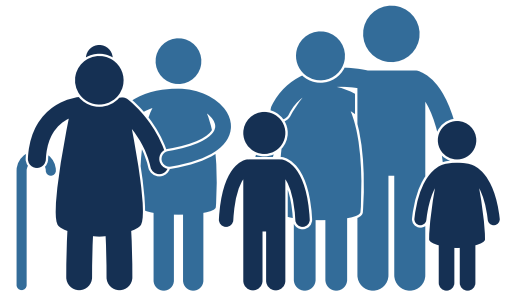
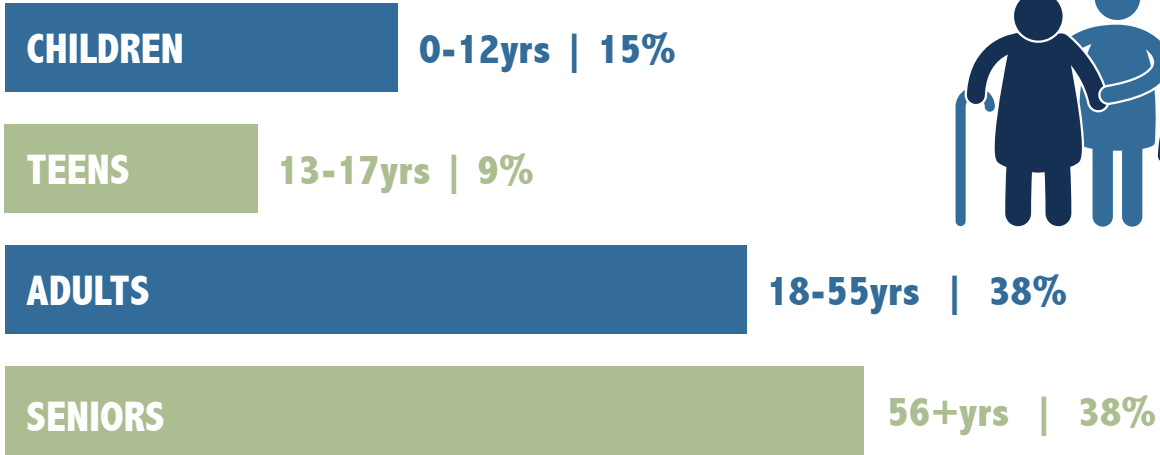
Sources of Funds	Amount	%
Total Program Services	\$1,271,715	93.5%
Management & General	\$67,102	5.0%
Fundraising	\$19,363	1.5%

**Total Expenses \$1,358,180**

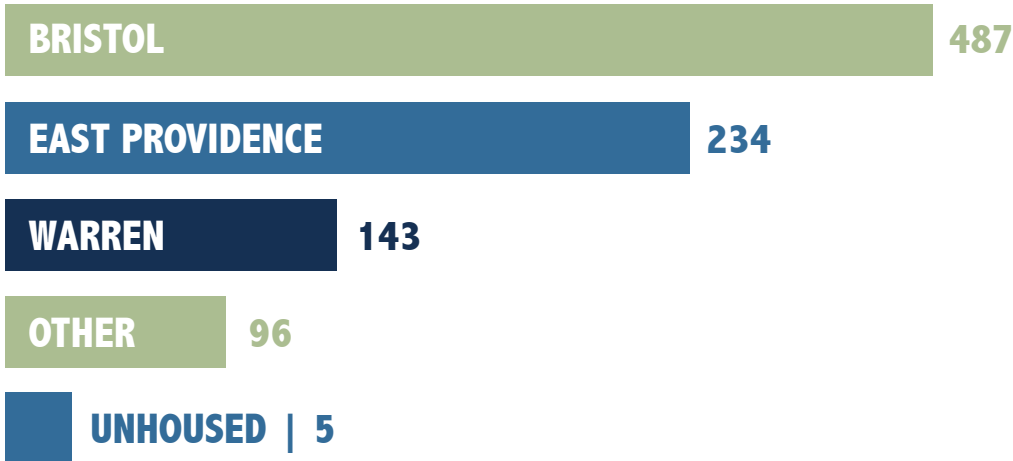


# Serving Our Community • 2022

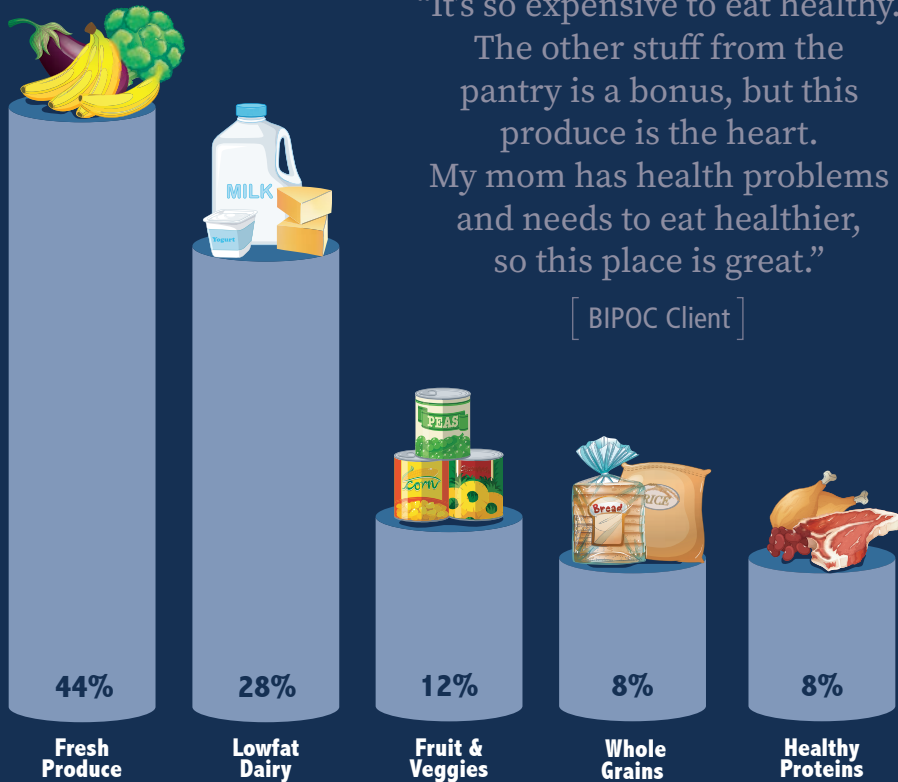
## People Served (BY AGE) in 2022 - 2,035 TOTAL



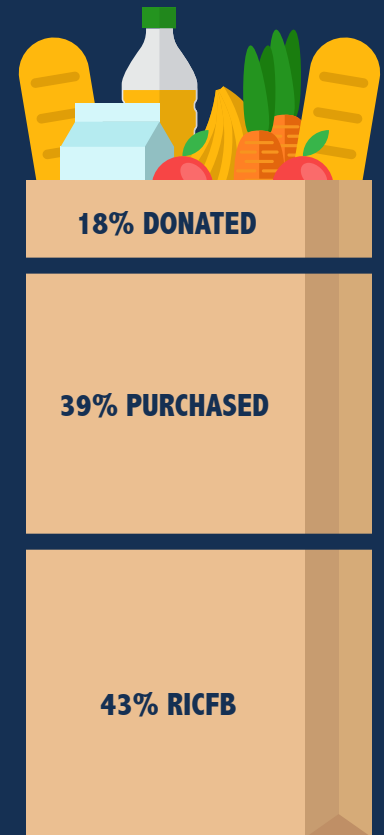
## Where Our Clients Resided



# How We Spent Our Food Purchasing Dollars



# 2022 Food Sources

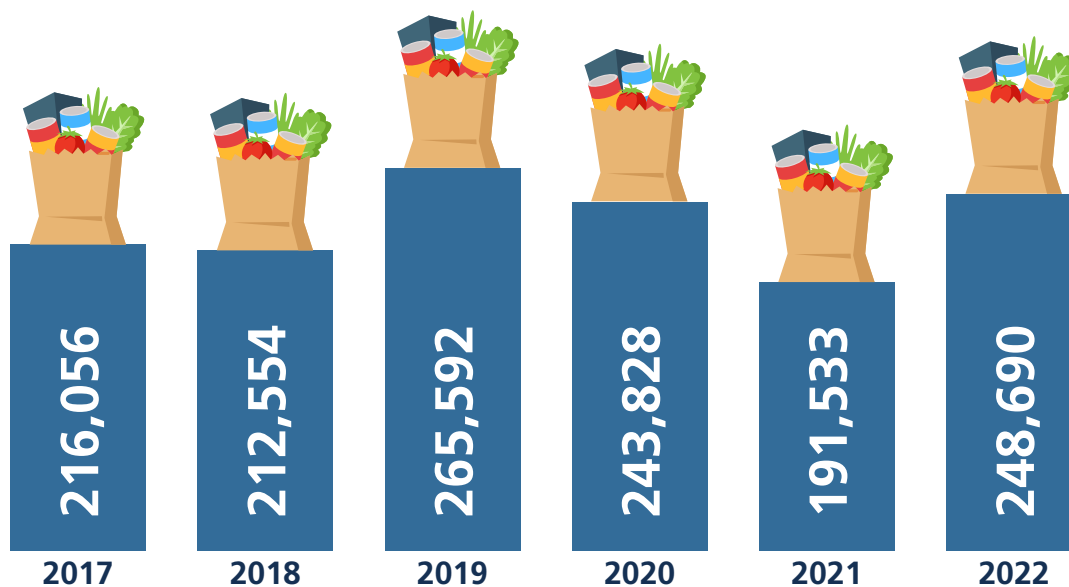


# 2022 PROGRAMS

PROGRAM	HOUSEHOLD VISITS	INDIVIDUALS FED
Food Pantry	4,328	8,878
Mobile Pantry	379	845
Fresh Food Friday	3,705	8,405
Food4Kids	918	950
Mobile Cart	471	478
CSFP Boxes	201	201



## Equivalent Meals Distributed



### CLIENT SPOTLIGHT

## Kate *mother of six*

“Kate” is a mother of six, currently living in the East Bay. When we met Kate, she was pregnant with her sixth child, in need of food, and unable to travel to get to services. We let her know about our Mobile Pantry program, where volunteers deliver food to the doorsteps of clients who are unable to get to our facility. We also told her that she is eligible for our Food4Kids program, which provides supplemental food, every week, to families with children under 18 every week, in addition to the twice-monthly full pantry shop. Within 24 hours, Kate had signed up for our programs and Mary Kae, one of our dedicated volunteers, was on her way to deliver food to Kate and her growing family.

Baby number six, a girl, was born in May. Mary Kae and others in the EBFP family have collected diapers, baby and children’s clothes, and other items to help Kate through the transition from pregnancy to nursing her young infant.

All the while, we provided deliveries at least twice a month, bringing full pantry shops, two weeks’ worth of Food4Kids items, and plenty of fresh produce to Kate’s door.

**We’re so proud to serve people like Kate in our community. We meet people where they are, strive to understand their needs, and put the necessary logistics in place to ensure that we are doing all we can to serve residents of the East Bay.**

Kate’s story is unique in many ways, but we are seeing many families struggling to meet the demands of price increases in food and housing, among other challenges. We are fully committed to continuing this good work going forward!

# 2022 Snapshot



**9,490**  
HOUSEHOLD VISITS



**2,035**  
UNIQUE INDIVIDUALS  
SERVED

**135**  
VOLUNTEERS



**WORKED**



**11,024**  
HOURS

**432,295**  
POUNDS OF FOOD  
DISTRIBUTED



**INCLUDING**



**108,448**  
POUNDS OF  
FRESH PRODUCE

## EXPENSE BREAKDOWN

**93.5%**  
PROGRAMS

**5%**  
MANAGEMENT & GENERAL

**1.5%**  
FUNDRAISING